## Waiver, Release, and Assumption of Risk Form

This form is an important legal document. It explains the assumption of any and all risks in deciding to follow the advice or insight from Natural Bioenergetics Specialist, Cheryl Hannah Nicholson, who operates as an advising consultant through Central Interior Kinesionics Integrative Healthcare Ltd., or a representative of that Company. It is critical that you read and understand it completely.

## Waiver, Informed Consent, and Covenant Not to Sue

I hereby acknowledge that I have volunteered to participate in a paid or unpaid session, workshop, class or program with Cheryl Hannah Nicholson through Central Interior Kinesionics Integrative Healthcare Ltd., to include, but also may not be limited to, any and all services provided, such as energy healing, assessment, and workshop attendance.

In consideration of the Central Interior Kinesionics Integrative Healthcare Ltd. agreement to instruct, assist, advise, or train me, I do here and forever release and discharge and hereby hold harmless the Company and its respective agents, heirs, assigns, contractors, and employees from any and all claims, demands, damages, rights of action or causes of action, present or future, arising out of or connected with my participation in a session or purchase or any program WITHOUT LIMITATION, WHICH MAY OCCUR AS A RESULT OF following advice tendered and released or training rendered or use of facilities during a session or event.

We recognize that in no way does any member of Central Interior Kinesionics Integrative Healthcare Ltd. provide legal, medical, or therapeutic advice and it is my responsibility to secure such advisement.

I acknowledge and agree that I assume the risks associated with any and all activities and/or programs in which I participate.

I acknowledge and agree that no warranties or representations have been made to me regarding the results I will achieve from any insight or program. I understand that results are individual and may vary.

I ACKNOWLEDGE THAT I HAVE THOROUGHLY READ THIS WAIVER AND RELEASE AND FULLY UNDERSTAND THAT IT IS A RELEASE OF LIABILITY. BY SIGNING THIS DOCUMENT, VISITING THE COMPANY'S WEBSITE, READING THIS DOCUMENT, or USING SERVICES, I AM WAIVING ANY RIGHT I OR MY SUCCESSORS MIGHT HAVE TO BRING A LEGAL ACTION OR ASSERT A CLAIM AGAINST CENTRAL INTERIOR KINESIONICS

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